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NEWS RELEASE

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Additions to Management Team and Operations Update

TSX-V: SKO

Vancouver, Canada – January 22, 2009

Stream Oil & Gas Ltd. (the “Company”) is pleased to provide the following update:

Additions to the Management Team

The Company is to strengthen its management team with additional strategic, technical, engineering and industry expertise for the exploration, development and production of oil and natural gas in Albania:

The Company has entered into heads of agreement whereby it will enter into Consulting Agreements to engage the services of Mike Berezowski, Terry Horkoff, Richard Enns and Art Agolli to enhance the growth strategy, develop a five-year growth plan and to provide ongoing technical, business, operational and advisory services. In conjunction with their engagement, Mr. Agolli will be appointed to the board of directors of the Company and the Company will appoint officers of the Company as follows:

Art Agolli	Executive Vice President
Mike Berezowski	Chief Operating Officer
Richard Enns	Head of Power and Facilities Division
Terry Horkoff	Head of Gas Division

Messieurs Agolli, Berezowski, Enns and Horkoff provide considerable expertise in hydrocarbon projects development, including successful project delivery in Albania oil fields as well as executive leadership in gas exploration/development.

The Company will grant each of the new officers, either directly or through their respective consulting companies, stock options to purchase up to 700,000 common shares of the Company at an exercise price equal to the closing price of the Company’s shares on the day immediately preceding the date of the Consulting Agreements. Each stock option will be for a term of two years and subject to a two year vesting period.

The new officers will also receive consulting fees, which subject to the acceptance by the TSX Venture Exchange, will be paid in common shares of the Company until such time as the Company completes an

equity or debt financing of not less than US \$3 million. The Company will pay a portion of consulting fees in cash to Mr Agolli's company prior to such a financing. The total amount of consulting fees will be limited to CDN \$120,000 per year, per consultant, based on full-time engagement. The amount of time required is currently being determined.

These arrangements are expected to be in place by the end of February 2009.

Production

Crude oil production is up to an average of 235 barrels per day. This is an increase of 42% compared to the previous quarter ended September 30, 2008 and is higher than the 200 bopd previously projected for the end of 2008. The production increase is mainly the result of rehabilitation work in key wells during the past six months. Gas and condensate production levels for the final quarter of 2008, on the 49 days when the refinery operated, remained the same, at 356 Mcf/d gas and 11 bopd condensate.

Pricing

Average pricing during the last quarter of 2008 was \$38 per barrel for crude oil. Gas and condensate prices remained unchanged from the previous quarter at \$618 MNm³ and \$90.5 per barrel respectively.

Operations

The Company is meeting its commitments under its Petroleum Agreements. Activities for 2009 will focus on the preparation of the required Development Plans to be submitted to the Ministry of Economy, Trade and Energy for approval.

Initial observations of a large number of acoustic emission events from micro seismic monitoring in the Cakran-Mollaj confirm the presence of highly fractured zones in the reservoir production levels. Results from this study will help in our understanding of the behaviour of the production formation and will be used to guide our rehabilitation work in this field once the heavy work over rig is engaged.

The Company is presently re-negotiating the engagement of a heavy work over rig and related services in order to implement its program in the Cakran-Mollaj field, subject to the Company's ability to raise additional work-over funding.

Rehabilitation work in the Ballsh-Hekal and Gorisht-Kocul oilfields continues with PCP pump installations and basic work over when required.

Reserve Valuation

Completion of a National Instrument 52-101 compliant reserve valuation report has been deferred until the second half of 2009. The Company continues to update its data base from results of the rehabilitation work completed in the crude oil fields and the passive seismic results in the gas field.

The Company

Stream is a Canadian-based emerging oil and gas production, development and exploration company with assets in Albania focusing on the re-activation and re-development of three oil fields, and a gas and condensate field, all of which are in production.

Stream has entered into Petroleum Agreements with Albpetrol Sh.A. the Albanian state exploration and production company, and is conducting a staged evaluation, takeover and redevelopment program under four separate 25-year license agreements with Albania's National Petroleum Agency. Under these Agreements, Stream has the rights to take-over the operations of all wells in the Gorischt-Kocul, Ballsh-Hekaj, and Cakran-Mollaj oil fields, and the Delvina gas field, and produce the remaining reserves. Takeover of the wells is being completed in stages.

Under the Agreements Stream is entitled to 100% of the incremental production and a share of current baseline production. The operations are subject to royalties of between 2% and 6% based on an R factor of revenues and petroleum costs.

Further information on Stream and its oil and gas properties is included in the Company's Information Circular dated February 12, 2008 available at www.sedar.com.

Contact Information

Sotirios Kapotas is responsible for this news release and can be contacted at the Company's head office above, or by email info@streamoilandgas.com.

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

This news release contains forward-looking statements, which relate to future events or future performance and reflect management's current expectations and assumptions. Such forward-looking statements reflect management's current beliefs and are based on assumptions made by and information currently available to the Company. Investors are cautioned that these forward-looking statements are neither promises nor guarantees, and are subject to risks and uncertainties that may cause future results to differ materially from those expected. These forward-looking statements are made as of the date hereof and the Company does not assume any obligation to update or revise them to reflect new events or circumstances except as required under applicable securities legislation.